

# Long Beach Grunions

## 25 Yard Short Course Records

2003-present updated June 24, 2024

18-24						
Enrique Ochoa	24.77	2004	50 free	2004	26.11	Jacqueline Cole
Enrique Ochoa	57.95	2003	100 free	2004	58.46	Jacqueline Cole
Charles Sandlin	2:30.03	2006	200 free	2005	2:09.04	Jacqueline Cole
Enrique Ochoa	5:54.74	2004	500 free	2005	5:52.23	Jacqueline Cole
			1000 free			
			1650 free			
Patrick Briney	32.67	2004	50 back	2023	31.27	Rhiannon Reese
Chris Kosienski	1:54.32	2008	100 back	2023	1:09.27	Rhiannon Reese
			200 back	2023	2:23.17	Rhiannon Reese
Patrick Briney	33.81	2004	50 breast	2023	34.68	Cathy Chou
Patrick Briney	1:12.72	2004	100 breast	2023	1:15.04	Rhiannon Reese
			200 breast	2023	2:43.75	Rhiannon Reese
Howie Realubit	28.12	2004	50 fly	2023	28.35	Rhiannon Reese
Howie Realubit	1:02.30	2004	100 fly	2023	1:03.40	Rhiannon Reese
			200 fly	2023	2:25.37	Rhiannon Reese
Howie Realubit	1:04.45	2004	100 I.M.	2023	1:04.81	Rhiannon Reese
Howie Realubit	2:37.29	2004	200 I.M.	2005	2:26.37	Siena Lucido
			400 I.M.	2023	5:20.15	Rhiannon Reese
25-29						
Michael Capasso	23.60	2005	50 free	2008	26.02	Jacqueline Cole
Michael Capasso	53.50	2005	100 free	2024	59.29	Rhiannon Reese
Taylor Rowe	1:57.10	2022	200 free	2010	2:12.37	Jacqueline Cole
Taylor Rowe	5:19.03	2023	500 free	2024	5:57.73	Rhiannon Reese
Enrique Ochoa	12:52.52	2007	1000 free	2024	12:41.68	Rhiannon Reese
Taylor Rowe	19:50.21	2022	1650 free	2019	22:14.66	Hayley Berryhill
Michael Capasso	27.09	2005	50 back	2023	29.98	Annie Sumioka
Michael Capasso	1:00.41	2005	100 back	2023	1:07.18	Annie Sumioka
			200 back	2019	2:28.54	Lauren Nico
Michael Capasso	32.61	2005	50 breast	2023	35.01	Annie Sumioka
David Royer	1:25.44	2006	100 breast	2024	1:16.41	Rhiannon Reese
Bill Roberts	3:08.69	2005	200 breast	2024	2:44.42	Rhiannon Reese
Drew Giacobe	26.29	2004	50 fly	2024	29.18	Rhiannon Reese
Taylor Rowe	59.75	2023	100 fly	2024	1:05.44	Rhiannon Reese
			200 fly	2024	2:30.00	Rhiannon Reese

Michael Capasso	59.81	2005	100 I.M.	2024	1:05.95	Rhiannon Reese
Enrique Ochoa	2:36.00	2007	200 I.M.	2024	2:25.96	Rhiannon Reese
Taylor Rowe	4:51.40	2023	400 I.M.	2024	5:17.39	Rhiannon Reese
<b>30-34</b>						
Erik Scollon	22.60	2005	50 free	2012	27.27	Jacqueline Cole
Erik Scollon	51.20	2004	100 free	2011	1:02.33	Jacqueline Cole
Erik Scollon	1:51.22	2005	200 free	2014	2:16.47	Jax Cole
Erik Scollon	5:11.88	2005	500 free	2011	6:37.37	Jacqueline Cole
Brian Kremers	11:18.67	2007	1000 free	2008	19:31.43	Dana Saavedra
Erik Scollon	18:50.84	2005	1650 free	2013	21:41.16	Jacqueline Cole
Erik Scollon	26.35	2005	50 back	2012	33.55	Jacqueline Cole
Erik Scollon	57.57	2005	100 back	2023	1:12.19	Maggie Gardner
Erik Scollon	2:08.11	2005	200 back	2024	2:33.28	Maggie Gardner
Erik Scollon	30.42	2003	50 breast	2015	33.11	Jax Cole
Brian Kremers	1:07.60	2007	100 breast	2011	1:22.34	Jacqueline Cole
Erik Scollon	2:23.94	2005	200 breast	2013	2:59.05	Jacqueline Cole
Erik Scollon	24.33	2005	50 fly	2012	30.50	Jacqueline Cole
Erik Scollon	55.72	2003	100 fly	2024	1:11.94	Maggie Gardner
Erik Scollon	2:09.03	2005	200 fly	2013	2:59.54	Jacqueline Cole
Erik Scollon	55.74	2005	100 I.M.	2012	1:10.01	Jacqueline Cole
Erik Scollon	2:06.34	2004	200 I.M.	2013	2:38.48	Jacqueline Cole
Erik Scollon	4:34.43	2005	400 I.M.	2011	5:41.20	Jacqueline Cole
<b>35-39</b>						
Erik Nielson	23.68	2004	50 free	2013	28.04	Amy Wheeler
Ryan Blaney	53.32	2013	100 free	2018	1:08.95	Alison Swain
Ryan Blaney	2:01.78	2013	200 free	2018	2:21.28	Alison Swain
Brian Kremers	5:25.94	2012	500 free	2018	6:18.99	Alison Swain
Ken Bixler	11:25.14	2008	1000 free			
Brian Kremers	19:28.95	2012	1650 free			
Kurt Murdoch	27.24	2004	50 back	2013	33.67	Amy Wheeler
Kurt Murdoch	59.06	2003	100 back	2013	1:27.57	Sara Gilliland
Kurt Murdoch	2:10.41	2005	200 back	2017	4:30.13	Dana Pugh
Ken Bixler	29.94	2008	50 breast	2013	38.31	Amy Wheeler
Ken Bixler	1:06.76	2008	100 breast	2016	2:31.92	Dana Pugh
Ken Bixler	2:30.71	2009	200 breast	2017	5:17.10	Dana Pugh
Brian Kremers	26.10	2013	50 fly	2013	31.22	Amy Wheeler
Brian Kremers	1:00.41	2012	100 fly	2016	1:28.01	Jax Cole
Brent Garriepy	2:27.70	2013	200 fly	2017	5:31.04	Dana Pugh
Kurt Murdoch	59.73	2004	100 I.M.	2013	1:11.03	Amy Wheeler

Brian Kremers	2:12.91	2012	<b>200 I.M.</b>	2022	2:52.91	Elizabeth Brandlin
Brian Kremers	4:54.30	2012	<b>400 I.M.</b>	2016	6:16.54	Jax Cole
<b>40-44</b>						
Mike Burdick	24.04	2019	<b>50 free</b>	2009	30.77	Agnes Wagner
Brian Kremers	55.07	2016	<b>100 free</b>	2008	1:11.41	Kirsten Nielson
Brian Kremers	2:00.03	2017	<b>200 free</b>	2009	3:17.76	Robyn Utu
Steve Segreto	5:24.77	2006	<b>500 free</b>	2023	5:55.17	Erin Earlywine
Brian Kremers	11:27.27	2016	<b>1000 free</b>	2005	18:55.98	Liz Ball
Brian Kremers	18:59.63	2016	<b>1650 free</b>	2005	23:09.56	Anita Correa
Kurt Murdoch	27.43	2007	<b>50 back</b>	2023	31.08	Erin Earlywine
Kurt Murdoch	58.48	2008	<b>100 back</b>	2022	1:24.16	Abby Taylor
Kurt Murdoch	2:12.12	2007	<b>200 back</b>	2023	2:23.75	Erin Earlywine
Brian Kremers	30.70	2016	<b>50 breast</b>	2022	40.73	Abby Taylor
Brian Kremers	1:08.93	2016	<b>100 breast</b>	2005	1:35.40	Vicki Roberts
Brian Kremers	2:36.77	2016	<b>200 breast</b>	2008	3:32.73	Kirsten Nielson
Steve Segreto	25.40	2005	<b>50 fly</b>	2008	34.94	Kirsten Nielson
Steve Segreto	56.62	2005	<b>100 fly</b>	2005	1:32.11	Vicki Roberts
Steve Segreto	2:11.60	2006	<b>200 fly</b>	2016	4:32.06	Liz Carlin
Brian Kremers	1:00.07	2016	<b>100 I.M.</b>	2023	1:08.88	Erin Earlywine
Brian Kremers	2:15.12	2016	<b>200 I.M.</b>	2008	3:00.42	Kirsten Nielson
Brian Kremers	4:53.07	2016	<b>400 I.M.</b>	2010	6:43.42	Agnes Wagner
<b>45-49</b>						
Thomas Boyd	24.48	2003	<b>50 free</b>	2006	31.92	Pat Powers
Brian Kremers	53.53	2022	<b>100 free</b>	2006	1:10.46	Pat Powers
Brian Kremers	1:59.78	2022	<b>200 free</b>	2007	2:35.19	Pat Powers
Thomas Boyd	5:28.89	2006	<b>500 free</b>	2006	6:54.83	Pat Powers
Brian Kremers	11:28.16	2022	<b>1000 free</b>	2005	14:15.89	Pat Powers
Thomas Boyd	19:28.37	2006	<b>1650 free</b>	2007	27:15.42	Annette Barnett
Brian Kremers	28.20	2019	<b>50 back</b>	2007	41.50	Julie Kennon
Brian Kremers	1:01.40	2022	<b>100 back</b>	2007	1:25.68	Julie Kennon
Brain Kremers	2:13.71	2022	<b>200 back</b>	2007	3:53.61	Annette Barnett
Ken Bixler	31.58	2017	<b>50 breast</b>	2007	41.40	Julie Kennon
Ken Bixler	1:10.57	2017	<b>100 breast</b>	2007	1:30.06	Julie Kennon
Bill Butler	2:51.12	2005	<b>200 breast</b>	2007	3:17.71	Julie Kennon
Steve Segreto	25.93	2009	<b>50 fly</b>	2007	33.39	Julie Kennon
Steve Segreto	58.49	2009	<b>100 fly</b>	2007	1:20.38	Julie Kennon
Thomas Boyd	2:24.33	2005	<b>200 fly</b>	2007	3:49.20	Annette Barnett
Brian Kremers	1:01.88	2019	<b>100 I.M.</b>	2007	1:19.55	Julie Kennon
Brian Kremers	2:13.57	2019	<b>200 I.M.</b>	2007	2:56.01	Julie Kennon

Thomas Boyd	5:05.39	2005	400 I.M.	2007	7:15.38	Annette Barnett
<b>50-54</b>						
Thomas Boyd	25.79	2009	50 free	2004	29.42	Patricia Hayes
Scott Nichols	55.95	2022	100 free	2009	1:06.88	Heather Lambert
Scott Nichols	2:02.78	2022	200 free	2010	2:39.54	Pat Powers
Chris Fowler	6:20.60	2018	500 free	2008	6:45.29	Pat Powers
Chris Fowler	13:16.72	2018	1000 free	2008	15:16.75	Heather Lambert
Chris Fowler	21:54.59	2020	1650 free	2010	23:55.96	Pat Powers
Thomas Boyd	31.19	2009	50 back	2007	35.89	Heather Lambert
Chris Fowler	1:22.72	2019	100 back	2022	1:21.94	Abby Taylor
Chris Fowler	2:59.79	2019	200 back	2018	4:16.88	Robyn Utu
Thomas Boyd	34.09	2009	50 breast	2004	39.04	Patricia Hayes
Yuji Utsumi	1:23.46	2011	100 breast	2007	1:36.77	Heather Lambert
Yuji Utsumi	3:11.94	2010	200 breast	2011	4:04.96	Susan Duquesnel
Scott Nichols	27.91	2022	50 fly	2007	31.99	Heather Lambert
Scott Nichols	1:01.21	2022	100 fly	2007	1:21.68	Heather Lambert
Howard Ferguson	3:10.35	2009	200 fly	2008	3:18.31	Patricia Hayes
Thomas Boyd	1:07.37	2007	100 I.M.	2007	1:16.45	Heather Lambert
Yuji Utsumi	3:11.35	2010	200 I.M.	2007	2:55.25	Heather Lambert
Chris Fowler	6:00.35	2020	400 I.M.	2008	6:29.64	Heather Lambert
<b>55-59</b>						
Tommy Sheahan	26.16	2024	50 free	2009	29.68	Heather Lambert
Tommy Sheahan	59.46	2023	100 free	2011	1:08.72	Heather Lambert
Robert Buechting	2:20.08	2022	200 free	2011	2:40.91	Heather Lambert
Robert Davie	5:54.77	2008	500 free	2010	7:09.60	Heather Lambert
Robert Davie	12:10.86	2008	1000 free	2013	14:40.12	Pat Powers
Robert Davie	20:37.26	2008	1650 free	2016	24:27.62	Pat Powers
Stephen Morris	34.12	2022	50 back	2010	38.43	Heather Lambert
Robert Davie	1:11.14	2008	100 back	2010	1:34.77	Heather Lambert
Robert Davie	2:33.16	2008	200 back	2010	3:14.26	Heather Lambert
Brendan Hickey	32.29	2023	50 breast	2010	42.52	Heather Lambert
Brendan Hickey	1:13.40	2023	100 breast	2010	1:40.22	Heather Lambert
Brendan Hickey	2:49.46	2023	200 breast	2010	3:36.73	Heather Lambert
Tommy Sheahan	30.20	2024	50 fly	2009	33.21	Heather Lambert
Brendan Hickey	1:25.30	2024	100 fly	2009	1:20.11	Heather Lambert
Brendan Hickey	3:10.71	2023	200 fly	2009	3:07.36	Heather Lambert
Brendan Hickey	1:12.77	2023	100 I.M.	2011	1:22.63	Heather Lambert
Brendan Hickey	2:44.71	2023	200 I.M.	2013	3:12.06	Heather Lambert
Brendan Hickey	6:01.30	2023	400 I.M.	2009	7:53.39	Anne Jacobus

			60-64			
Kurt Thornburg	28.33	2022	50 free	2017	30.39	Heather Lambert
Stephen Morris	1:02.27	2022	100 free	2015	1:10.94	Heather Lambert
Kurt Thornburg	2:24.51	2022	200 free	2015	2:49.48	Heather Lambert
Chris Peoples	7:43.22	2024	500 free	2022	7:48.67	Pat Powers
Mark Holt	16:25.98	2022	1000 free	2022	15:40.14	Pat Powers
Steve Kovary	23:57.30	2005	1650 free	2019	24:44.15	Pat Powers
Stephen Morris	32.87	2022	50 back	2016	42.24	Heather Lambert
Stephen Morris	1:19.81	2022	100 back	2016	1:33.16	Heather Lambert
Kim Onisko	3:13.77	2020	200 back	2009	7:26.84	Anita Cole
Bill Butler	37.24	2018	50 breast	2010	47.77	Andrea Thresh
Bill Butler	1:23.41	2018	100 breast	2015	1:47.09	Heather Lambert
Bill Butler	3:11.49	2018	200 breast	2014	4:01.93	Anne Jacobus
Stephen Morris	30.21	2022	50 fly	2017	35.73	Heather Lambert
Kim Onisko	1:23.74	2016	100 fly	2015	1:28.97	Heather Lambert
Bart Parnes	4:20.64	2018	200 fly	2017	3:20.28	Heather Lambert
Stephen Morris	1:15.43	2022	100 I.M.	2015	1:20.22	Heather Lambert
Steve Kovary	3:23.75	2005	200 I.M.	2015	3:13.00	Heather Lambert
Bart Parnes	8:12.95	2018	400 I.M.	2019	7:49.06	Heather Lambert
			65-69			
Kurt Thornburg	28.33	2023	50 free	2022	32.17	Heather Lambert
Kurt Thornburg	1:03.00	2023	100 free	2022	1:14.87	Heather Lambert
Moose Dobra	2:28.63	2024	200 free	2018	3:00.86	Nancy Stanbury
Moose Dobra	6:29.30	2024	500 free	2018	8:02.84	Nancy Stanbury
Moose Dobra	13:33.38	2022	1000 free	2018	16:39.87	Nancy Stanbury
Moose Dobra	22:08.48	2024	1650 free	2018	28:05.57	Nancy Stanbury
Bill Butler	38.01	2022	50 back	2018	50.25	Nancy Stanbury
Kim Onisko	1:26.67	2022	100 back	2018	1:49.42	Nancy Stanbury
Jeff Dobra	3:15.91	2020	200 back	2019	3:58.07	Nancy Stanbury
Bill Butler	37.99	2023	50 breast	2019	46.08	Nancy Stanbury
Bill Butler	1:25.30	2022	100 breast	2018	1:39.77	Nancy Stanbury
Bill Butler	3:11.70	2023	200 breast	2018	3:43.27	Nancy Stanbury
Kim Onisko	32.53	2022	50 fly	2022	45.36	Heather Lambert
Kim Onisko	1:28.48	2022	100 fly	2018	1:49.17	Nancy Stanbury
Stan Smith	4:27.38	2015	200 fly	2018	4:09.69	Nancy Stanbury
Kim Onisko	1:20.91	2022	100 I.M.	2018	1:38.75	Nancy Stanbury
Jeff Dobra	3:18.38	2020	200 I.M.	2018	3:38.89	Nancy Stanbury
Kim Onisko	7:16.05	2022	400 I.M.	2018	8:08.38	Nancy Stanbury
			70-74			

Rick Miller	30.14	2020	50 free	2020	41.44	Nancy Stanbury
Stan Smith	1:26.40	2022	100 free	2020	1:30.84	Nancy Stanbury
Stan Smith	3:14.91	2018	200 free	2020	3:20.88	Nancy Stanbury
Rick Miller	7:29.69	2020	500 free	2020	8:40.46	Nancy Stanbury
Stan Smith	18:06.01	2018	1000 free	2020	17:57.29	Nancy Stanbury
Stan Smith	31:57.49	2018	1650 free	2022	51:25.31	Anita Cole
Stan Smith	57.48	2020	50 back	2023	54.75	Kim Garber
Stan Smith	2:13.56	2018	100 back	2020	1:58.01	Nancy Stanbury
Stan Smith	4:37.67	2018	200 back	2020	4:21.47	Nancy Stanbury
Stan Smith	53.29	2018	50 breast	2020	48.31	Nancy Stanbury
Rick Miller	1:29.05	2022	100 breast	2020	1:50.39	Nancy Stanbury
Stan Smith	4:30.39	2018	200 breast	2020	3:57.51	Nancy Stanbury
Rick Miller	33.70	2020	50 fly	2024	48.05	Kim Garber
Rick Miller	1:19.00	2020	100 fly	2020	1:53.42	Nancy Stanbury
Rick Miller	3:07.68	2020	200 fly	2018	12:06.08	Anita Cole
Rick Miller	1:19.98	2020	100 I.M.	2023	1:50.20	Nancy Stanbury
Rick Miller	3:01.76	2020	200 I.M.	2020	3:57.90	Nancy Stanbury
Rick Miller	6:29.07	2020	400 I.M.	2018	15:25.02	Anita Cole
			<b>75-79</b>			
Rick Miller	31.65	2024	50 free	2023	1:21.27	Anita Cole
Stan Smith	1:32.85	2023	100 free	2024	2:51.26	Anita Cole
Rick Miller	2:59.67	2024	200 free	2024	5:41.42	Anita Cole
Rick Miller	8:13.23	2024	500 free	2023	15:21.00	Anita Cole
Rick Miller	17:14.54	2024	1000 free	2023	29:57.58	Anita Cole
Rick Miller	28:57.41	2024	1650 free			
Rick Miller	39.28	2024	50 back	2024	1:36.10	Anita Cole
Rick Miller	1:27.49	2023	100 back	2023	3:23.70	Anita Cole
Rick Miller	3:20.15	2023	200 back	2024	7:38.80	Anita Cole
Stan Smith	57.79	2023	50 breast	2023	2:07.06	Anita Cole
Stan Smith	2:07.14	2023	100 breast	2023	4:35.88	Anita Cole
Stan Smith	4:36.92	2023	200 breast	2024	9:08.93	Anita Cole
Rick Miller	34.74	2022	50 fly	2023	2:38.09	Anita Cole
Rick Miller	1:20.02	2022	100 fly	2023	6:04.02	Anita Cole
Rick Miller	3:10.17	2022	200 fly	2023	13:24.40	Anita Cole
Rick Miller	1:26.15	2024	100 I.M.	2023	4:06.28	Anita Cole
Stan Smith	4:43.34	2024	200 I.M.	2023	8:17.21	Anita Cole
Rick Miller	6:32.94	2022	400 I.M.	2023	16:56.35	Anita Cole